



## **SPIN-Gardening™ Lexicon**

*SPIN-Gardening turns your home garden into a significant food source by adapting many of the practices of SPIN-Farming®, which is an organic-based commercial farming system designed for land bases under an acre in size. By getting into the mindset of a sub-acre farmer, you will produce more bountiful, consistent, appealing and valuable harvests.*

*SPIN-Gardening processes and techniques differ from conventional home gardening methods. Here's a translation of the key terms that can take you from being a food consumer to a food producer.*

**Harvesting weeks** - SPIN gardeners plan out their production to provide a consistent supply of fresh vegetables for at least 20-30 weeks.

**High-value crop** - SPIN gardeners orient much of their efforts and land base to the production of high-value crops, defined as those which generate at least \$50 retail per harvest, per short bed.

**Short beds** - SPIN gardeners utilize beds that measure 2 feet wide and a maximum of 12 feet long.

**High-road harvesting** - SPIN gardeners utilize high-road harvesting which requires investing in commercial refrigeration capacity, such as an upright produce cooler. This enables them to harvest in volume. They wash, prep and package a crop and store it in the cooler for use throughout the entire week.

**Post-harvest protocol** - SPIN gardeners wash, prep and package their crops to give a grocery-type feel to their home refrigerator and cooler, and it also turns their crops into a high-value trade good that can be used in a formal or informal food distribution system.

**Post-harvesting area** - SPIN gardeners set up an area devoted to washing, prepping and packaging their crops.

**Harvest Several Days a Week** - SPIN gardeners conduct harvest sessions for different crops over the course of a week. This way they do not become overwhelmed with harvesting demands, and it creates a steady weekly supply of produce.

**Relay cropping** - SPIN gardeners increase their production by relay cropping, which is the sequential growing of crops in a single bed.

**Intensive relays** - 3-4 crops per bed/per season are grown.

**Bi-relays** - 2 crops per bed/per season are grown.

**Single crop production** - 1 crop per bed/per season is grown.

**1-2-3 concept** - Refers to the 3 different areas of a SPIN land base which are devoted to the different levels of production intensity.

**Multi-locational Land Base** - SPIN gardeners frequently expand beyond their own outdoor space to utilize yards, plots and alleyways throughout their neighborhood.

**Distribution Systems** - SPIN gardeners' surplus crops are traded by establishing formal or informal trading systems or co-operatives that can be neighborhood, institution or work-place based.

### **TURN YOUR GARDEN INTO A FOOD FACTORY!**

See how you can fit food production into your life, part-time or full-time; working alone, or with family and friends - with SPIN-Gardening. SPIN shows you how to achieve levels of productivity and diversification that go far beyond current home gardening practices and helps you produce a steady and dependable supply of vegetables that have all the quality of farm-grown, and all the convenience of store-bought. Join other pioneering food gardeners at [www.spingardening.com](http://www.spingardening.com), home base for those who want to stop being consumers of food and start being producers of food.